# **SENIOR RESOURCES**

IN LIGHT OF COVID-19, OUR ORGANIZATION WILL CONTINUE TO MONITOR THE UNFOLDING SITUATION AND UPDATE RESOURCES AS THEY BECOME AVAILABLE. PLEASE FEEL FREE TO CONTACT OUR RESIDENT SERVICES OFFICES DIRECTLY FOR ADDITIONAL QUESTIONS OR CONCERNS AT (909)-890-5363.



### **SOCIAL SECURITY OFFICE**

If you have questions or issues about your retirement, Social Security benefits, or you need to schedule an appointment, then call the San Bernardino Social Security Office listed below.

1-800-772-1213 or TTY: 1-800-325-0778



## **DEPARTMENT OF AGING ADULTS AND ADULT SERVICES (DAAS)**

In response to the COVID-19 pandemic, DAAS is providing "Grab and Go" meals at 32 locations throughout the county and has increased the capacity in its Home Delivered Meals program for older adults who are homebound. DAAS also provides boxes of groceries to older adults and adults with disabilities need of non-perishable food items.

For information on DAAS' nutrition services, please contact Senior Information and Assistance (SIA) at 1-800-510-2020.

DAAS also provides behavioral health services and other related resources to older adults age 59 and over through the Age Wise program. Age Wise services are available 24/7 and can be accessed by calling 1-800-451-5633. Information on these and other resources can be found on DAAS' website at www.sbcounty.gov/daas.



## **FAMILY SERVICES ASSOCIATION**

Family Service Association provides nutritious meals to seniors throughout Riverside and San Bernardino Counties serving 2,500 seniors a day. To find out about meal services near you, please call, (951)342-3057 or visit <a href="https://www.fsaca.org">www.fsaca.org</a>



## **SENIOR INFORMATION AND ASSISTANCE (SIA)**

SIA provides information and assistance to help any senior citizen solve problems he or she may have. Clients are provided referrals to other agencies and assistance and advocacy in making contact with organizations and agencies for needed services and programs. For assistance, please call 1-800 510-2020.